

Regulation of 19 October 2001 No. 1309 concerning the medical examination of employees on ships

Laid down by the Norwegian Maritime Directorate on 19 October 2001 pursuant to the Seamen's Act of 30 May 1975 No. 18. Legal basis amended to Act of 16 February 2007 No. 9 relating to Ship Safety and Security (the Ship Safety and Security Act) sections 2, 17, 43 and 45, cf. Formal Delegation of 16 February 2007 No. 171 and Formal Delegation of 31 May 2007 No. 590 by the Ministry of Trade and Industry. Cf. Annex VII to the EEA Agreement (Directive 92/51/EEC). Amended 23 November 2001 No. 1311, 11 November 2002 No. 1273, 4 February 2005 No. 102 (legal basis), 28 April 2005 No. 1051 and 29 June 2007 No. 1006 (i.a. legal basis).

Chapter 1 General provisions

§ 1

Object

The object of this Regulation is to ensure that employees are medically fit for service on board ship and do not pose a risk to others or to the safe operation of the vessel.

§ 2

Scope of application

This Regulation shall apply to any person who is to commence service or who is in service on a Norwegian ship or mobile offshore unit subject to the same limitations contained in the Regulations of 31 January 1986 No. 222 concerning the scope of the Seamen's Act, § 1. This Regulation shall also apply to persons as are mentioned in §§ 3 and 7 of the same Regulation.

The Regulation does not apply to employees over 18 years of age in service on:

- a) fishing vessels used for fjord fishing, in-shore fishing or bank fishing I which are not at sea for continuous periods of more than three days; or
- b) fishing vessels of less than 100 gross tonnage. However, employees shall be required to submit to medical examination whenever the master considers that there are reasons for this to be done.
- c) vessels of less than 15 metres in overall length which are engaged on domestic voyages only, unless used for the carriage of passengers or at sea for continuous periods of more than three days.

This Regulation shall not apply to passenger ships operating on lakes and rivers, and which have a gross tonnage of 50 or less and are not permitted to carry more than 100 passengers. Special provisions concerning medical examination for workers on board such ships are laid down in the Regulation concerning qualification requirements and certificate rights for personnel on board Norwegian ships, fishing vessels and mobile offshore units. This Regulation shall, however, apply to masters if the ship is used for the carriage of passengers during the period 30 September to 1 May.

Amended by Regulations of 28 April 2005 No. 1051 and 29 June 2007 No. 1006 (in force on 1 July 2007).

§ 3

Definitions

For the purpose of this Regulation, the following definitions shall apply:

- a) *Seamen's doctor*: A doctor who is approved to perform a medical examination and make decisions in accordance with the provisions of this Regulation.
- b) *Health certificate*: A declaration by a seamen's doctor that a person has been examined in accordance with the Regulation and found to be medically fit for service on board ship.
- c) *Declaration of Unfitness*: A declaration by a seamen's doctor that a person has been examined in accordance with the Regulation and found not to be medically fit for service on board ship.
- d) *Provisional Declaration of Unfitness*: A declaration from a seamen's doctor, issued without performing a medical examination, that a person is found not to be medically fit for service on board ship.
- e) *Fjord fishing*: Fishing and sealing/whaling in waters where unsheltered stretches do not exceed five nautical miles, or unsheltered waters up to three nautical miles from harbours or other protected waters.
- f) *In-shore fishing*: Fishing and sealing/whaling within 12 nautical miles from the Base Line.

- g) *Bank fishing I*: Bank fishing as provided in Regulations of 13 June 2000 No. 660 concerning the construction, operation, equipment and surveys of fishing vessels 15 m in overall length (LOA) and over, § 1-23 first paragraph.

Chapter 2 Health certificate requirement, validity, etc.

§ 4

Health certificate requirement

Any person who is to commence service on board ship, ref. § 2, shall produce a health certificate issued in accordance with the provisions of this Regulation.

Employees who will not be serving in a capacity for which a certificate is required or form part of the navigational or engineering watch may commence service on board without a valid health certificate where a medical examination cannot reasonably be performed without delaying the vessel. In such cases, the medical examination shall be performed at the first port of call where it can be performed in accordance with this Regulation, but not later than six weeks after the seafarer's commencement of service. Where possible, a time-limited health certificate shall be produced to document that the seafarer's health is satisfactory.

The company shall cover the cost of a medical examination under this Regulation.

Amended by Regulation of 29 June 2007 No. 1006 (in force on 1 July 2007).

§ 5

Validity of health certificate

The health certificate shall be valid for two years. Health certificates issued to persons under 18 or over 50 years of age or to employees under 21 years of age serving on fishing vessels shall be valid for one year.

If the validity of the health certificate expires while the vessel is at sea the health certificate shall be valid until arrival at the first port of call.

The health certificate shall be renewed if the employee changes position on board to a capacity for which there are stricter health certificate requirements than for the capacity in which he or she used to serve.

The health certificate shall be renewed after any continuous incapacity for work lasting more than eight weeks.

Notwithstanding the above, the company or the master shall demand that a new health certificate be produced if there is evidence that the employee probably no longer satisfies the requirements for health certificate issuance. Any employee that has reason to believe that the requirements for health certificate issuance are no longer satisfied shall without unjustified delay inform the master or company and see a seamen's doctor.

§ 6

Duties

The company shall see to and ensure that all persons who serve on board ship have a valid health certificate as prescribed by this Regulation. The master and the individual employee shall participate in ensuring that he or she has a valid health certificate.

Amended by Regulation of 29 June 2007 No. 1006 (in force on 1 July 2007).

§ 7

Supervision

The Norwegian Maritime Directorate or whoever is authorized may at all times conduct inspections on board or demand that information be produced to check that seafarers hold valid health certificates.

Chapter 3 The medical examination

§ 8

Requirements for approved seamen's doctors

The medical examination and the issue of the health certificate, declaration of unfitness or provisional declaration of unfitness shall be performed by an approved seamen's doctor. Approval is granted by the Norwegian Maritime Directorate to doctors with practice in Norway and by a foreign service mission to doctors with practice outside Norway.

Approval may be granted to doctors with authorization to practice as a doctor pursuant to national provisions in their country of practice and who satisfy the following requirements, *inter alia*:

- a) knowledge of health matters relating to employees on ships;
- b) opportunity to perform medical examination of seafarers on board ship to such an extent that their competence in maritime medicine is maintained;
- c) ability to document availability of and access to the equipment needed to perform any examination that may be required;
- d) command of Norwegian or English; and
- e) necessary knowledge of Norwegian legislation.

An approved seamen's doctor shall not be engaged in an employment or dependency relationship with any shipping company or association or other organization of shipping companies or seafarers.

Approval of seamen's doctors shall be granted for a period of one to three years. The approval shall be withdrawn if the doctor no longer satisfies the applicable requirements.

In exceptional cases, the Norwegian Maritime Directorate may decide to grant exemptions from the requirements for approved seamen's doctors.

§ 9

Documentation of identity and self-declaration

The seamen's doctor shall check the identity of the employee before starting a medical examination.

Employees shall be made aware of their obligation to provide information, as fully and completely as possible, about their own health and shall write a self-declaration on their health on the form prescribed by the Norwegian Maritime Directorate. The self-declaration shall be signed in the presence of the seamen's doctor and kept by the seamen's doctor.

The seamen's doctor shall demand that the health certificate most recently issued to the employee be produced.

§ 10

Administrative procedure of seamen's doctors

The seamen's doctor shall ensure that the matter is as well investigated as possible before a decision is made. The decision shall be in accordance with the health, sight and hearing requirements contained in the Appendix to this Regulation.

If, during the consideration of a case, the seamen's doctor receives information which is of relevance to the case, such information shall be presented to the employee for his or her comment, unless there are special reasons to the contrary.

The employee shall have access to the documents of the case, unless there are special reasons to the contrary.

The seamen's doctor shall state the reasons for the decision made. The employee shall be notified of the decision and at the same time be informed of his or her right of access to the documents of the case, the right to appeal the decision and apply for exemption from the health, sight and hearing requirements, time-limits for lodging appeals or applying for exemptions, and the opportunity to request a postponement of the execution of the decision, ref. § 20.

§ 11

Issue of health certificate

Where the employee satisfies the health, sight and hearing requirements, the seamen's doctor shall issue a health certificate, using the form prescribed by the Norwegian Maritime Directorate.

Even though the results of some parts of the examination are not available before the commencement of service, a health certificate may be issued where the seamen's doctor on the basis of other parts of the examination considers it to be unobjectionable. The seamen's doctor shall notify the employee, the company and the Norwegian Maritime

Directorate if the overall results of the medical examination show that the employee does not satisfy the health requirements for health certificate issuance.

§ 12

Issue of limited health certificate

A health certificate may be limited to a particular trade area, period of time, or service on board.

In considering whether a limited health certificate should be issued, regard shall be had, inter alia, to the health of the employee, the health of other persons on board the vessel, the service to which the employee is assigned and his or her ability to act effectively in an emergency or casualty situation.

The limitations shall be entered on the health certificate form, the Norwegian Maritime Directorate shall be notified and the prescribed form shall be used for such notification.

§ 13

Issue of Declaration of Unfitness

Where an employee fails to satisfy the health, sight and hearing requirements, the seamen's doctor shall issue a Declaration of Unfitness, using the form prescribed by the Norwegian Maritime Directorate.

The Norwegian Maritime Directorate shall be notified of any such unfitness and the prescribed form shall be used for such notification.

§ 14

Issue of Provisional Declaration of Unfitness

A seamen's doctor who, without performing a medical examination, is made aware that there is every probability that an employee no longer satisfies the requirements for health certificate issuance, shall declare that employee to be temporarily unfit for service on board ship.

A decision relating to temporary unfitness shall stand until the employee is examined by a sea-men's doctor and declared to be medically unfit for service on board ship or a decision invalidating the provisional declaration of unfitness is made.

The Norwegian Maritime Directorate shall be notified of the invalidation of the provisional declaration of unfitness or the decision that the employee is medically unfit and the prescribed form shall be used for such notification.

§ 15

Reporting of medical examinations

Seamen's doctors shall prepare a report on their medical examination activities pursuant to the provisions of this Regulation. Reports on examination activities in Norway shall be sent to the Norwegian Maritime Directorate, while reports on examination activities outside Norway shall be sent to the foreign service mission that has approved the seamen's doctor concerned.

Chapter 4

Appeals and applications for exemption

§ 16

Appellate body

Appeals against the decisions of seamen's doctors and applications for exemption from any health, sight and hearing requirement contained in the instructions for medical examination of employees on board ship shall be considered by a competent appellate body.

The appellate body shall have three members: a doctor who shall act as the head of the appellate body, a trade union representative and a Norwegian Maritime Directorate representative. The trade union representative shall have competence in relation to the occupational category to which the employee belongs.

Duty of confidentiality with regard to any information about personal matters shall be observed by all members of the appellate body.

§ 17

The competence of the appellate body

The appellate body shall ensure that the case is as well examined as possible before making its decision. The appellate body may consider all aspects of the case, including any new circumstances that should be taken into account.

The appellate body may in each case impose specific restrictions and conditions on health certificate issuance. Any limitations shall be entered on the health certificate form, the Norwegian Maritime Directorate shall be notified and the prescribed form shall be used for such notification.

The appellate body may itself make a decision in each case or return it to the seamen's doctor to be reconsidered wholly or partly.

Decisions made by the appellate body cannot be appealed.

§ 18

Appeal against decision made by a seamen's doctor

Decisions concerning a limited health certificate, unfitness or temporary unfitness may be appealed to the appellate body by the employee or other person with a judicial appeal interest.

Appeals must be lodged within three months of the date when the party concerned received notification of the decision.

A request for appeal shall be made to the seamen's doctor who made the decision. The seamen's doctor shall make the investigations necessitated by the appeal and may invalidate or change the decision if the appeal is deemed to justify such action.

Where the seamen's doctor finds that the appeal is not justified, the request for appeal with supporting information on the decision appealed shall be forwarded without delay to the Norwegian Maritime Directorate, which will prepare the case for the appellate body. Seamen's doctors outside Norway shall send requests for appeal to the Norwegian Maritime Directorate by way of a foreign service mission.

Where a decision is changed in favour of the person who lodged the appeal, such person may apply for reimbursement of any necessary expenses incurred in connection with the processing of the appeal. Such application must be submitted to the Norwegian Maritime Directorate not later than three weeks after the date when the party concerned received notification of the new decision.

§ 19

Application for exemption from health, sight and hearing requirements

An employee may apply for exemption from any health, sight and hearing requirement contained in the Appendix to this Regulation.

Applications for exemption must be made within three months of the date when the employee received notification of noncompliance with health, sight or hearing requirements.

Such application shall be made to the seamen's doctor who made the decision on the issue of a limited health certificate or declaration of unfitness. The seamen's doctor shall make the investigations necessitated by the application and forward the application with supporting information to the Norwegian Maritime Directorate, which will prepare the case for the appellate body. Seamen's doctors outside Norway shall send applications for exemption to the Norwegian Maritime Directorate by way of a foreign service mission.

§ 20

Postponed execution of decision

An employee may be permitted to continue in the same or a less demanding capacity on board until the appeal or application for exemption is decided where the company or shipmaster accepts this by a written statement to the seamen's doctor and the seamen's doctor finds that the employee's health does not pose a risk to others or the safe operation of the vessel.

A permission pursuant to the first paragraph may be granted for a period not exceeding six months.

The seamen's doctor shall notify the Norwegian Maritime Directorate of any postponed execution of decision.

Chapter 5 Special provisions for EEA nationals

§ 21

Health certificate of EEA nationals

A health certificate issued in accordance with the health certificate requirements of any EEA country shall be accepted as a valid health certificate when the health certificate is issued in the employee's home country or the country in which the employee is most recently domiciled.

If the employee's home country or the country where the employee is domiciled has not laid down any requirements for a special medical examination, a document issued by the country's competent authority which attests to the compliance with the requirements set out in this Regulation shall be accepted.

Chapter 6 Concluding provisions

§ 22

Entry into force

This Regulation enters into force on 1 January 2002.

Health certificates issued under Regulations of 3 February 1986 No. 237 concerning the medical examination of employees on ships, etc. shall remain valid for service on board for the duration of the health certificate's validity up till 1 January 2004.

As from the same dates of entry into force of this Regulation pursuant to the first and second paragraphs, Regulations of 3 February 1986 No. 237 concerning the medical examination of employees on ships, etc. shall be repealed.

Appendix

1. *Definitions*

For the purpose of this Appendix, the following definitions apply:

- a) *Navigational watch function*: Function comprising navigation, manoeuvring, communications, steering and look-out.
- b) *Safety function*: Function of any employee belonging to the group of seafarers employed or engaged in any capacity on board ship in the ship's business who form part of the ship's complement and are assigned safety or pollution prevention tasks and duties related to ship operation, refer to regulation VI/1 of the STCW Convention and section A-VI/1 para. 2 of the STCW Code.

A) Eyesight

1. *Minimum requirements concerning vision, testing methods and frequency, etc.*

a) *Requirements concerning distance vision, colour vision and field of vision:*

Function	Distance vision			Colour vision	Peripheral vision
	best eye	weakest eye	both eyes		
Employees that perform navigational watch function				Normal colour vision-	Normal field of vision measured using Donders' method or another approved method
Corrected with glasses or contact lenses			5/5		
Uncorrected	5/20	5/30			

Employees that perform safety functions and other employees on board	Normal field of vision in the best eye measured using Donders' method or another approved method
Corrected with glasses or contact lenses	5/10
Uncorrected	5/30

- b) Requirements concerning testing methods
Normal colour vision is defined as the ability to read the Ishihara colour tables in accordance with the instructions supplied with the test.
Contact lenses or glasses may not be worn if they improve the employee's colour vision, including equipment with red coloured glass that enhances the contrast between green, yellow and brown tones in such a way that an employee with impaired colour vision can pass the Ishihara test.
- c) Requirements concerning frequency of examination
Eyesight shall be tested on each medical examination with a view to issuing a health certificate. Colour vision shall always be tested the first time a health certificate is issued and subsequently as frequently as is deemed necessary by the maritime doctor.
- d) Testing colour vision in borderline cases, etc.
Employees that do not pass the Ishihara colour test performed by the maritime doctor shall be advised about the possibility of being examined by an ophthalmic optician using the lantern test and the possibility of then applying for exemption from the applicable requirements.

B) Hearing

1. Minimum requirements concerning hearing, testing methods and frequency etc.

- a) Hearing requirements for employees that perform navigational watch function
Employees that perform navigational watch function shall not have a hearing loss in their best ear exceeding 30 dB on average at the frequencies 250, 500, 1,000, and 2,000 Hz. The hearing loss shall be calculated as an absolute value in relation to a zero value on the dB scale, without any adjustment for the normal hearing threshold according to age or the use of a hearing aid. At the frequencies 3,000 and 4,000 Hz the hearing loss shall not exceed 50 dB on average. In the weakest ear the hearing loss should not exceed 40 dB on average at the frequencies 250, 500, 1,000, and 2,000 Hz. The hearing loss shall be calculated in the same manner as for the best ear. At the frequencies 3,000 and 4,000 Hz the hearing loss shall not exceed 60 dB on average
- b) *Hearing requirements for employees that perform safety functions*
Employees that perform safety functions shall not have a hearing loss in their best ear exceeding 40 dB on average at the frequencies 250, 500, 1,000, and 2,000 Hz. The hearing loss shall be calculated as an absolute value in relation to a zero value on the dB scale, without any adjustment for the normal hearing threshold according to age or the use of a hearing aid. At the frequencies 3,000 and 4,000 Hz the hearing loss shall not exceed 60 dB on average. In the weakest ear the hearing loss should not exceed 50 dB on average at the frequencies 250, 500, 1,000, and 2,000 Hz. The hearing loss shall be calculated in the same manner as for the best ear. At the frequencies 3,000 and 4,000 Hz the hearing loss shall not exceed 80 dB on average.
- c) *Requirements concerning testing methods and frequency for employees mentioned under a) and b) above*
Hearing shall be tested using a pure tone audiometer at each medical examination.
- d) *Hearing requirements for other employees*
Employees not mentioned above shall have satisfactory social hearing.
- e) *Requirements concerning testing methods and frequency for employees mentioned under d) above*
Satisfactory social hearing is defined as being able to understand normal speech correctly at a distance of two metres, without the opportunity to lip read. Hearing shall be tested on each medical examination with a view to issuing a health certificate.
- f) *Possibility of using a hearing aid*
For employees who do not meet the hearing requirements for navigational watch or safety functions, a hearing aid may be used if it gives the individual a hearing at all the frequencies indicated herein showing a hearing loss which is at least 10 dB lower (better) than the limit values stipulated for navigational watch function and safety functions in paragraphs a) and b), respectively.
Any other employee may use a hearing aid if it gives the individual concerned satisfactory social hearing.
- g) *Testing hearing in borderline cases, etc.*

When there is doubt as to whether an employee meets the hearing requirements, including the hearing required when using a hearing aid, the employee shall be advised about the possibility of being examined at a hearing centre or by an ear, nose and throat specialist using the speech audiometry test and the possibility of then applying for exemption from the applicable requirements. Before drawing a final conclusion in the case of an employee who performs navigational watch or safety functions, a statement from the employer on the noise level of the workplace must be solicited and considered.

C) Diseases and conditions

a) *List of diseases and conditions that may or shall lead to denial of employment on board:*

R: relative counter indication. May lead to denial of employment on board.

A: absolute counter indication. Shall lead to denial of employment on board.

Disease/condition	Column I	Column II
	Applies to everyone who is employed on board a ship	Applies to people who perform navigational watch or safety function or both
1.1 Meniere's disease	A	A
1.2 Glaucoma (that has not been satisfactorily regulated)	A	A
1.3 Cataract	R	R

2) *Diseases of the circulatory organs*

Disease/condition	Column I	Column II
	Applies to everyone who is employed on board a ship	Applies to people who perform navigational watch or safety function or both
2.1 Hypertension (treated / untreated <160/100)	R	R
2.2 Coronary disease / Cardiac valve diseases (symptomatic and/or positive strain ECG or reduced work capacity)	R	A
2.3 Arrhythmia (symptomatic)	A	A
2.4 Peripheral cardiac diseases	R	R

3) *Diseases of the respiratory organs*

Disease/condition	Column I	Column II
	Applies to everyone who is employed on board a ship	Applies to people who perform navigational watch or safety function or both

3.1 Chronic obstructive /restrictive lung disease (symptomatic at PEF <70% and FEVI <70%)	R	R
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3.2 Sleep apnea	R	A
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4) *Diseases of the nervous system:*

Disease/condition	Column I	Column II
	Applies to everyone who is employed on board a ship	Applies to people who perform navigational watch or safety function or both

4.1 Epilepsy (seizures leading to disturbances of the brain function, including epilepsy and other disturbances of consciousness of other or unknown causes)	R	A
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4.1.2 Epilepsy (no seizures without medical treatment during the last five years)	R	R
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4.2 Paralysis /paresis entailing impaired ability to function	R	A
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4.3 Degenerative ailments (neuritis, neuralgia, spastic conditions, paralysis agitans, vascular damage in the central nervous system entailing permanently impaired ability to function)	R	A
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4.3.1 Degenerative ailments (encephalopathy / reduced cognitive functions)	A	A
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4.4 Diseases of the balance organs	R	A
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4.5 Pain conditions (chronic and recurrent)	R	R
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5) *Mental ailments*

Disease/condition	Column I	Column II
	Applies to everyone who is employed on board a ship	Applies to people who perform navigational watch or safety function or both

5.1 Psychoses (both manifest and those that appear to be in full remission i.e. also psychoses that have been treated medically the diagnosis must always be verified by a psychiatrist, diagnosis number corresponding to F00-F99 in ICD 10)	A	A
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5.2 Neurotic conditions (manifest with anxiety, depression, etc. that require treatment or cause loss of ability to function)	A	A
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5.2.1 Neurotic conditions (as in section 5.2 above, but applies to people that work in places where there may be frequent contact with the local community and for whom the condition and other factors appear to be restored)	R	A
5.3 Personality disorders (manifest with behavioural disturbances or loss of ability to function)	R	A
5.4 Degenerative ailments (senility, dementia, Alzheimer's disease)	A	A
5.5 Substance abuse (completed treatment and documentation of no abuse for at least one year)	R	A
5.5.1 Substance abuse (no current abuse of alcohol or drugs)	A	A

6) *Diseases of the muscular and skeletal systems*

Disease/condition	Column I	Column II
	Applies to everyone who is employed on board a ship	Applies to people who perform navigational watch or safety function or both
6.1 Inflammatory rheumatic diseases and degenerative diseases	R	R
6.2 Chronic pain in the muscular and skeletal systems	R	R

7) *Diseases of the digestive organs*

Disease/condition	Column I	Column II
	Applies to everyone who is employed on board a ship	Applies to people who perform navigational watch or safety function or both
7.1 Ulcer (active)	A	R
7.2 Enteritis and colitis (chronic and requiring treatment)	R	R
7.3 Diseases of the liver, bile ducts and pancreas	R	R
7.4 Hernia requiring treatment	R	A

8) *Endocrine diseases*

Disease/condition	Column I	Column II
	Applies to everyone who is employed on board a ship	Applies to people who perform navigational watch or safety function or both

8.1 Diabetes mellitus (well-regulated without hyperglycaemia)	R	R
8.1.1 Diabetes mellitus (poorly regulated with a risk of hyperglycaemia)	R	A
8.2 Hypo-/hyperthyreosis and other endocrine disorders (symptomatic)	R	A
8.3 Serious adiposity BMI (Body Mass Index > 35 kg per m ²)	A	A
8.3.1 Adiposity (Body Mass Index > 30 kg per m ²)	R	R

9) *Infectious disease*

Disease/condition	Column I	Column II
	Applies to everyone who is employed on board a ship	Applies to people who perform navigational watch or safety function or both
9.1 Infectious diseases (all acute and chronic conditions entailing reduced general condition and/or risk of infection before treatment is complete).	A	A

10) *Diseases in the urinary tract and genital organs*

Disease/condition	Column I	Column II
	Applies to everyone who is employed on board a ship	Applies to people who perform navigational watch or safety function or both
10.1 Haematuria incl. microscopic (whose cause is unknown)	R	R
10.2 Kidney stones (symptomatic)	A	A
10.3 Obstruction with incomplete emptying of the bladder on urination	R	R
10.4 Nephrities/nephrosis (entailing impaired renal function)	A	A

11) *Skin diseases*

Disease/condition	Column I	Column II
	Applies to everyone who is employed on board a ship	Applies to people who perform navigational watch or safety function or both
11.1 Dermatitis (chronic and recurrent)	R	R

11.2 Serious allergic reactions (for example, anaphylaxis)	R	A
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12) Blood diseases

Disease/condition	Column I	Column II
	Applies to everyone who is employed on board a ship	Applies to people who perform navigational watch or safety function or both
12.1 Anaemia (symptomatic)	R	A
12.2 Coagulation disturbances	R	R
12.3 Blood diseases (that are treated with other anticoagulants than acetylsalicylic acid [aspirin])	R	A

13) Cancer

Disease/condition	Column I	Column II
	Applies to everyone who is employed on board a ship	Applies to people who perform navigational watch or safety function or both
13.1 Cancer (that is not regarded as cured)	A	A
13.2 Cancer (that is regarded as cured)	R	R

14) Current medical treatment

All employees that pass the medical examination and who use long-term medication must have a certificate from the maritime doctor stating:

- a) the name of the medication;
- b) the dose; and
- c) confirmation that permission has been granted to use the medicine when on duty on board a ship. Taking medication that may be addictive (classified in Norway as medicines in prescription groups A and B) is not permitted on board ships.

As a general rule, medical treatment of diseases that are not chronic shall be completed before a health certificate is issued.